

# TSP Express

Habakkuk 2:2

Issue #1, March 2016 ... created by Lucy Brown, Spirituality Commission Chair for the  
Knoxville Diocese Council of Catholic Women - Knoxville, Tennessee

*TSP Express* is an outgrowth of *The Secret Place*,\* the KDCCW Spirituality Commission project for 2015 - 2017 which is designed for enhancing one's spiritual growth toward a deepening personal relationship with Jesus Christ  
\*<http://www.kdccw.org/commissions.html>

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Welcome to this maiden voyage of TSP Express! I have so looked forward to this one-on-one communication with you. *TSP Express* is meant to be a two-way street on which you may share comments and encouragement with me and I also, with you. By the very nature of *The Secret Place*, most of your individual experiences and journaling will be private (between you and your Lord). Nevertheless, your comments on if and how the project is helping you advance in relationship with Him are coveted and can benefit your fellow participants. Please, therefore, feel free to email me those precious tidbits as some of you have already done. Don't be surprised to see a couple or more discreetly included anonymously in a subsequent issue of *TSP Express*.

This first issue is short and very simple ... but encouraging and inviting. You will notice that the left margin is purposely wider than the right so that you may print, punch holes in each issue and keep it in your *Secret Place* notebook.

Explaining the following format, "The Fertile Heart" will customarily be from me to you. "Sproutings" will be my selections from your comments. You notice the "seed, soil and plants" metaphor. I chose this imagery because Jesus told his disciples (Luke 8) that the "seed is the word of God." After the pattern of Psalm 19, it is my desire to share with you in each issue of *TSP Express* an invitation for you to take a particular section of scripture into your quiet time with the Lord to see what He will open up to you as you pray and ponder it deeply. Log your findings in your journal and meditate on the treasures in the days to come.

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## The Fertile Heart

**Jesus' transfiguration** - found in Matthew 17:1-9, Mark 9:2-10 and Luke 9:28-36

(Check out *Magnificat*, February, 2016 for pp. 305-306, "Lectio Divina" on Luke 9:28b-36 and the beautiful art essay on the painting "The Transfiguration," following p. 432)

Compare with Hebrews 1.

Then REALIZE ...

“The presence of God is awe-inspiring and glorious. He both dwells within us and is boundless in his majesty. What a privilege it is that this great God wants to know us and have a personal relationship with each one of us. Despite our lowliness and sinfulness God wishes to reach down and caress us in his tenderness. Let us stand in awe before this God of glory and kindness.” (Magnificat, February 2016, p. 107)

Colossians 1:15-20

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## Sproutings

“I pray daily but have vacillated between many different books and meditations feeling something was missing. Lo and behold ... along came *The Secret Place*.”

“I have my framed print of [‘Invitation’] right on the table by a big chair I use to pray and do my Bible study. It’s my little spot in the middle room upstairs.”

“You have asked us to provide feedback on our *Secret Place* journeys. I have a new one now ... CONNECTION! When I pray, read and study, I now have something additional in my *Secret Place* ... all the other wonderful women taking the journey with me.”

*Lucy Brown*

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Plan to see what’s happening with *The Secret Place* and visit the Spirituality Commission tables at the KDCCW Convention April 14-16 at Holy Trinity Church in Jefferson City!  
<http://www.kdccw.org/conventions.html>

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