

CUMBERLAND MOUNTAIN DEANERY CCW JANUARY 2018 SERVICE COMMISSION REPORT

Resolve to live the Corporal Works of Mercy!

FREE THE GIRLS

Please continue to support our project to FREE THE GIRLS. This is a non-profit organization devoted to coming alongside sex-trafficking survivors with a new path to true freedom. By donating our new or gently used bras, we can give survivors an opportunity to start their own business by selling these bras in second-hand clothing stores. This service project will run through the January 2018 CMD Board Meeting. Please alert your affiliate to start collecting the bras and have a representative deliver them to me at CMD meetings.

SERVING GOD AND SERVING OTHERS – OUR DEANERY PROJECT

At the Fall General Meeting, we voted to support St. Mary's Legacy Clinic as our Deanery Project through the Spring 2019 CMD General Meeting. This project supports our Service Commission goal to live the Corporal Works of Mercy.

The St. Mary's Legacy Clinic offers the following primary care services to the poor and medically under-served in the rural areas of East Tennessee: distribution of limited donated medications through AmeriCares; prescriptions; laboratory work; Point of Care testing (with results during the visit); personalized patient education and referrals to Knoxville Area Project Access for specialty services and orders for diagnostic imaging such as ultra-sound, x-ray, CT scans or MRIs.

Please ask your affiliate to donate generously to this project. Checks should be made payable to the Cumberland Mountain Deanery and sent to our Treasurer, Barbara Lawson.

For some, to be homeless is to be deprived of a secure and acceptable dwelling, to lack the basic human rights of shelter and safety. For others, to be homeless is to live without meaningful connections – to self, to family, to community, to God. How can we both ensure that all have a safe place to sleep and live as well as to make meaningful connections to people who live in any kind of isolation?

~Diocese of Milwaukee~

Reflect on how this applies to your life. Are you reaching out to those who are lonely or isolated? Are you so busy with your family and friends that you don't reach out to anyone outside your social circles? Try something new. Next time you're at Mass, watch for someone sitting alone and make a point of going to speak with them.

**Please contact me if you have
any questions:**

GerriAnne Mason

Service Commission Chair

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Christ the King Church Tazewell, TN

Marie Noe was featured on the cover of the East TN Catholic Magazine in March 2016. The featured article was about this woman who started a food pantry (Claiborne Hunger Ministry) in Tazewell in 1992 along with the help of Christ the King (CTK) Church.

This food pantry does not accept government funding so people do not have to have proof of income to receive food. They serve 400 plus families each week.

CTK has a monthly collection for the pantry and the CCW affiliate makes a monthly contribution also. Some of the other local churches contribute as well.

Marie died last December at age 89. Now one of the long-time volunteers manages the day-to-day operations and a couple who are parishioners at CTK handles the finances.

I have had a pdf of the cover posted on our KDCCW website under Cumberland Mountain Deanery

As your Cumberland Mountain Deanery Service Commission Chair, I have asked each of you to redouble your efforts to embrace the Corporal Works of Mercy. In my first newsletter, I gave suggestions regarding "Feed the Hungry" and "Give Drink to the Thirsty." Now we move on...

SHELTER THE HOMELESS

There are many circumstances that could lead to someone becoming a person without a home. Christ encourages us to go out and meet those without homes, affirming their worth and helping them seek a resolution to the challenges they face.

- See if your community is involved with a local homeless shelter and volunteer some time.
- Donate time or money to organizations that build homes for those who need shelter.
- Many homeless shelters need warm blankets for their beds. If you can knit or sew that would be an extra loving gift.

- Keep copies of the information on local shelters to pass out to those you meet on the street.
- Become a mentor to a foster child.
- Sponsor a child through the Christian Foundation for Children and Aging.
- There are millions of children and families who are on the move, fleeing from war, illness, hunger and impossible living conditions, and searching for peace and safety. Research the causes and challenges that these families face to survive. Contact Catholic Social Services or the diocesan office of peace and justice for help.

VISIT THE SICK

Those who are sick are often forgotten or avoided. In spite of their illness, these individuals still have much to offer those who take the time to visit and comfort them.

- Give blood
- Volunteer at a hospital
- Send flowers or a card to someone you know who is in the hospital.
- Take the Eucharist to the homebound.
- Spend time volunteering at a nursing home – Get creative and make use of your talents (e.g., sing, read, paint, call Bingo, etc.)
- Take time to stop and visit an elderly neighbor.
- Offer to assist caregivers of chronically sick family members on a one-time or periodic basis. Give caregivers time off from their caregiving so they can rest, complete personal chores, or enjoy a relaxing break.
- Next time you make a meal that can be easily frozen, make a double batch and give it to a family who has a sick loved one.

"Faithful servants never retire. You can retire from your career, but you will never retire from serving God."

Rick Warren

