

KDCCW Training Committee September, 2020

This has truly been a strange year – and one of challenges on all fronts! Hopefully we've taken the time to strengthen our faith – virtually if not face to face. We're tired of masks, social distancing, we miss singing and hugs – but we still have our God! We can talk with him – “face to face” – and sing our hearts out to Him! (However, when I sing to Him on our boat, my husband sometimes has to go outside!)

The focus of the NCCW Leadership Commission for 2020-21 is on mentorship. Reaching out to others is so very important, especially in these times. Think of someone you might mentor. Perhaps there is a relatively new parishioner who hasn't been able to get involved due to the Covid-19 restrictions. Reach out to her – and, of course, she must be willing to be involved as well! If not mentoring, then just reaching out to other women can be rewarding for you both!

For some general information on mentorship - here is an excerpt from our NCCW Leadership Commission home page:

“The word mentor comes from Homer's epic poem, *The Odyssey*. While Odysseus, King of Ithaca, is off fighting in the Trojan War he entrusted the care of his household to Mentor, who served as a teacher and overseer of his son Telemachus.

Mentor - A trusted and experienced person who can advise you on personal and business matters. A mentor can serve as teacher, sponsor, guide, exemplar, and counselor.

Mentee - A person who is advised and counseled by a more experience person over a period of time.

Mentorship - Is a relationship in which a more experienced or more knowledgeable person helps or advises a less experienced person. It is a learning and development partnership between someone with vast experience and knowledge and someone who wants to learn. The empowerment of women does not mean they control others, but rather women receive support to increase their personal capacity to act effectively. Individually, people can feel empowered through solving a problem, understanding how something works, or learning a skill. Collectively, people may feel empowered through organizing with a common purpose, understanding, or value. The National Council of Catholic Women, at all rings of council, provides the environment for empowerment of women, and mentoring is the method. Mentoring is understood to go further and deeper than most friendships. Goals and accountability to one another are not always part of routine friendship.”

Blessings to you all!  
Donna Curry